

# MAKET YOURS

Dewy skin. Bright highlighter, Colorful eyeshadow. Black mascara. Glossy lips. Yellow nail polish. Whatever your style, playing with makeup can be super fun (even if you just do it alone in your bathroom) because it can give you creative ways to express yourself. Sometimes, makeup can be used to accentuate something about yourself that you really love, like your freckles or the color of your eyes. Other times, it's a way to experiment with looking different. Either way, one of the cool things about makeup is it's temporary-so you can try something new, wash it off, and try again.

by Emily Laurence (she/her)

### **FACE FORWARD**

Whenever you're going to play with makeup, it's important to do it safely! A few tips: Wash your face before and after using makeup. Try to choose products with organic, clean ingredients! Avoid fragrances, which can irritate skin, and watch out for spelling-bee worthy ingredients like propylene glycol, which can also irritate skin.

One ingredient to look for in your morning moisturizer is sunscreen, which is important to wear daily because it helps prevent wrinkles and sun spots. Tinted moisturizers with sunscreen are a great option, because your skin will be happy and you get to play with makeup, all in one! Some brands that have an especially wide range of skin colors are Fenty Beauty, Glossier, and Milk. And if you're not sure about your shade, just ask someone working at a beauty store for help. Most importantly, before you go to sleep, don't forget to use makeup remover and wash your face!





## EYE CANDY

Look out, world! Whether you use a simple sweep of mascara or go wild with color, shimmer, and gel stickers, experimenting a little with eye makeup is one of the easiest ways to make a major style statement. And don't forget about your brows! You can use a brow pencil or gel to highlight your natural shape. Just avoid sharing brushes, pencils, or wands because you might end up accidentally sharing bacteria too, which can cause pink eye.

# READ MY LIPS

Why stick to pink or red when you can have fun with colors like purple, orange, or even blue? While lipsticks and gloss tend to get the most attention. don't sleep on "bloss" (balm + gloss) and lip oils. They can add color while keeping lips from getting dry and flaky, which is especially helpful if you have braces. One popular trend that's worth avoiding are lip plumping products. They can irritate your lips, and beauty should not equal pain!

## NAILED IT

Not in the mood to put makeup on your face? No problem. You can add a colorful and creative vibe to your look just by decorating your nails. Try pastel colors for a week and neon the next! Search for #nailart and you'll find no shortage of ideas to inspire you, from bold tips to chrome shine to geometric patterns. The best part? This style can help nail biters stop biting, and you don't even need to look in a mirror to admire your flair. Just wiggle your fingers or toes and enjoy the view.

