

Holly Madison's shocking Playboy confessions



"Down the Rabbit Hole" gives an extremely personal look at what it's really like to be a Playboy bunny.
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Interview. The former Playboy bunny and author of "Down the Rabbit Hole" lets her guard down and gives us an inside look at life at the Playboy mansion.

Former Playboy bunny and "The Girls Next Door" reality star Holly Madison's new tell-all, "Down the Rabbit Hole," just hit bookstores and is already creating enough controversy to elicit comments from fellow former bunny Kendra Wilkinson and even Hugh Hefner himself. We call up Madison to clear the air.

In the book, you describe having sex with Hef, something you never once enjoyed. Did any of the girls enjoy having sex with

him?
I don't think so. I felt like all the girls [saw it as] a chore and just wanted to get it over with as soon as possible.

Did drugs play a part in helping the girls get through difficult aspects of the lifestyle?

There were definitely some girls who used drugs at the mansion and offered me drugs. Hef offered me Quaaludes our first night out. [In Madison's book, Hefner is quoted as saying, "In the '70s, they used to call these drugs 'thigh openers.]" I drank a lot on our nights out because I wasn't always

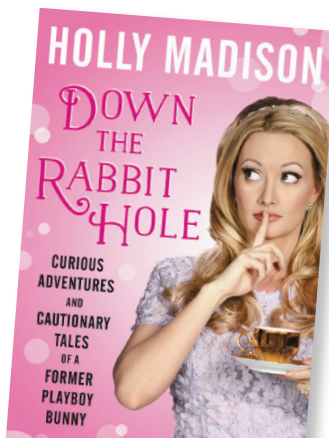
100 percent comfortable with what was going on. So yeah, I do think drugs probably played a part.

At one point while living at the mansion, you actually contemplated suicide.

It's hard to talk about feeling suicidal because people want to jump down your throat and accuse you of attention-seeking or [just don't] believe you. But I felt so bad about myself and lost to the situation. I felt [tied] to the decisions I made and branded. I was scared to leave.

How did you pull yourself out of such a dark place?

It took a lot. ["The Girls Next Door"] really helped save me because when you film a reality show, you need interesting things to do. We started traveling more. I got a job at the Playboy studios where I was learning and meeting artistic people. Having an actual job helped my self-confidence and helped me grow.



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Firing back

The book just came out last week and is already making headlines. Is there anything you've read in the press you want to comment on or clear up?

I'm really, really surprised by how much attention the book is getting. I didn't really

think I was relevant and thought the only publicity it would get would be word of mouth. Of course scandalous things come out, and people respond, but I can tell from what they are saying that they haven't actually read the book; they've only read an excerpt or headline. The

book is over 300 pages for a reason. I wanted to tell my story. I wanted to be fair about where I was coming from. I wanted to be honest about what my motivations were and the decisions I made. So, I would encourage people to read the whole book before they judge.

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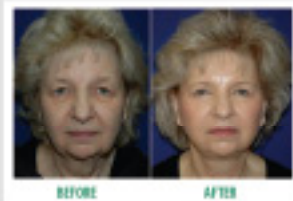
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